

FACULTY PROFILE



1. **Name** : Smt. Vaishali Sopan Khade

2. **Date of Birth** : 11/12/1983

3. **Address**

Official Address : Sou. Mangaltai Ramchandra Jagtap Mahila Mahavidyalaya, Umbraj

Permanent Address : 'Anugrah', Pachegaon Phata, A/p Ghatnandre, Tal.- Kawathe Mahankal,
Dist. Sangali, Pin Code 416405

E-mail : vaishlikhade1112@gmail.com

Aadhar No. : 3113 5641 8998

Mobile No. : 9657984669

4. **Date of Appointment** : 06/01/2020

5. **University Approval** : 06/01/2020

6. **Department** : Physical Education & Sports

7. **Designation** : Director of Physical Education

8. **Experience (Years)** : (UG) 5 Years (PG) Nil

9. **Research Experience** :

Title of M.Phil. : कोल्हापूर शहरातील ६० ते ८० वर्षे वयोगटातील वृद्धांच्या कातीभागातील अस्थीखनिज घनतेवर होणाऱ्या रोध व योगासन प्रशिक्षण कार्यक्रमाच्या परिणामांचा तुलनात्मक अभ्यास.

Title of PhD : Effect of Static and Dynamic Stretching Training on Throwing Performance of Male College Athletes

Title of MRP : -

Any Other : -

10. Educational Qualifications:

Sr. No.	Examination /Degree	Board /University	Subjects /Topics	Class /Grade	Year of Passing
1	Ph.D.	Dr. Babasaheb Ambedkar Marathwada University, Aurangabad	Effect of Static and Dynamic Stretching Training on Throwing Performance of Male College Athletes	-	On Going
2	NET	UGC	Physical Education	Second Class	2013
3	M.Phil.	Savitribai Phule Pune University, Pune	कोल्हापूर शहरातील ६० ते ८० वर्षे वयोगटातील वृद्धांच्या कातीभागातील अस्थी खनिज घनतेवर होणाऱ्या रोध व योगासन प्रशिक्षण कार्यक्रमाच्या परिणामांचा तुलनात्मक अभ्यास	O Grade	2014
4	PG Diploma in Core Competency of Women Development	Shivaji University, Kolhapur	Women's Health, Women's Psychology, Commerce	First Class with Dist.	2014
5	M. P. Ed.	Savitribai Phule Pune University, Pune	Physical Education	B Grade	2009
6	B. P. Ed.	Shivaji University, Kolhapur	Physical Education	First Class	2007
7	B. A.	Shivaji University, Kolhapur	Physical Education	Second Class	2006
8	H. S. C.	Kolhapur Board	Arts	Second Class	2002
9	S. S. C.	Kolhapur Board	Marathi, Hindi, English, Math's, Social Sciences, Science	Second Class	2000

11. Teaching/Working Experience:

Sr. No.	Institution	Duration	Classes Taught	Total Years
1	Maharaja Jivajirao Shinde Mahavidyalaya, Shrigonda, Dist. Ahmadnagar	06/01/2020 to 31/01/2022	B. A., B. Com., B. Sc.	2 Yrs 1 Month
2	Sou. Mangaltai Ramchandra Jagtap Mahila Mahavidyalaya, Umbraj, Tal. Karad, Dist. Satara	01/02/2022 to At Present	B. A., B. Com., B. Sc.	3 Yrs 01 Day

12. Additional Courses: NIL**13. Participation in International / National / State / University Conferences, Webinar, Seminars, Workshops:**

Sr. No.	Department	Name of conference / Webinar, Seminars & Workshops	Level International / National / State / University	Date	Place
1	Smt. DMC College of Commerce and Science, Mumbai	One Day National Level Webinar on Effective Ways to Develop E-Content	National	9/5/2020	Mumbai
2	SPDM Arts Commerce and Science College, Shirur	National Level Webinar on Exercise and Diet during Quarantine and Lockdown	National	12/05/2020	Dhule
3	S. G.M. College, Karad	One Day National Conference on Recent Trends in Physical Education and Sports	National	11/10/2022	Karad
4	Chandrashekhar Agashe College of Phy. Edu., Pune	Two Days National Webinar on Management of Sports	National	8/03/2022 to 9/03/2022	Pune
5	Rajarshi Chhatrapati Shahu College, Kolhapur	One Day Online International Interdisciplinary Conference on 'Recent Advances in Social Sciences, Commerce & Management'	International	15/03/2022	Kolhapur

14. Research Publication: (Research papers published in the Journals notified on UGC websites)**International Publications / National Publications / State Publications**

Sr. No.	Title of Paper	Author / Co-author	Name of Journal	Year of Publication	ISSN Number	Whether Indexed / Peer Reviewed?	Impact Factor
1	Comparative Study of Effectiveness of Yogasana and Resistance Training Programme on Bone Mineral Density of 60 to 70 Years older adults.	Author	Our Heritage Journal	2020	0474-9030	UGC Care approved International Indexed and Referred Journal	4.912 (SJIF)
2	Do Specialized Physical Education Teachers Participate Better in Physical Education Class?	Co-author	Journal of the Asiatic Society of Mumba	2022	0972-0766	UGC Care Group 1 Journal	-
3	Stretching and Sports Performance	Author	International Journal of Advance and Applied Research (IJAAR)	2022	2347-7075	Peer Reviewed	7.328
4	Study of influence of peers on physical activity of students	Author	Sanskriti International Multidisciplinary Research Journal	2022	2455-1511	Peer Reviewed	-
5	An Overview of Correlates of Aggressive Behavior in Sports	Author	International Journal of Health, Physical Education and Computer Science in Sports, Vol. 43, No. 1	2021	2231-3265	Peer Reviewed	-
6	Contribution of Limba Ram in Indian Sports	Author	Conference Proceeding	2022	978-93-9103380-4	-	-

15. Resource Person/Chairperson in International / National / State /University Level Conferences, Webinars, Seminars, Workshops:

Sr. No.	Department	Name of Conferences, Webinars, Seminars & Workshops	Role Resource Person / Chairperson	Level – International / National /State / University	Date	Place
1.	Department of Physical Education and Sports	One Day Workshop on ‘Yoga and Bone Health’	Resource Person	College	22/02/2020	Sushila Shankarrao Gadhave Mahavidyalaya, Khandala
2.	Department of Physical Education and Sports	One Day Workshop on “Self Defense”	Resource Person	College	29/02/2020	Sushila Shankarrao Gadhave Mahavidyalaya Khandala
3.	Department of Physical Education and Sports	One Day Workshop on ‘Women Defense’ under lead College activity	Resource Person	University	23/02/2024	R. S. B. Mahavidyalaya, Aundh

16. Organizational Experience:

Sr. No.	Event Program	Title	Level	Role	Date
1.	Organization of Sports Competitions	59 th Satara Zonal Athletic Meet	Zonal	Organizing Secretary	02/11/2023 to 04/11/2023

17. Books, Book chapters & papers published in conference proceedings: International / National / State

NIL

18. Award, Fellowships & Recognition:

Sr. No.	Level (International, National, State, University, etc.)	Awards / Fellowships	Awarding Agency / Institute	Year / Duration
1	State	Best Teacher Award	Avishkar Foundation, India	2023

Participation in Academic Events: Orientation / Refresher Courses / FDP /MOOCs / Swayam courses etc.

Sr. No.	Organizing Institute	Event	Duration	Year	Grade Achieved
1	Indian Institute of Scientific Research and analysis, Maharashtra	Online Faculty Development Program	22/05/2020 to 26/5/2020	2020	-
2	Teaching Learning Center, Ramanujan College, University of Delhi.	4 Week Induction/ Orientation Programme	04/06/2020 to 01/07/2020	2020	A +
3	Guru Angad Dev Teaching Learning Center Ministry of Education	One Week Online National Faculty Development Program	27/05/2021 to 2/06/2021	2021	A+
4	Sant Gadage Baba Aaravati University, Amaravati	Refresher Course	17/08/2022 to 30/08/2022	2022	A

19. Responsibilities of Shivaji University, Kolhapur:

- Manager for All India Inter-University Judo (Women) Tournaments 2022-23
- Observer for Shivaji University Inter-zonal Wrestling FS (W) Tournaments 2023-24
- Secretary, Satara Zonal Sports Council, Satara.

20. Institutions Committee:

- Staff Welfare Committee
- NSS Committee
- Gymkhana Committee
- Student Council Committee
- Competitive Exam. Guidance Committee
- Skill Oriented Courses Committee
- Earn and Learn Committee
- Anti-ragging Committee

21. Membership held:

- Member, Shivaji University Physical Education Teachers Association
- District Vice-President, SUTA, Satara District.

22. Any other information:

NIL

I hereby declare that, above information is correct.

Smt. Vaishali Sopan Khade